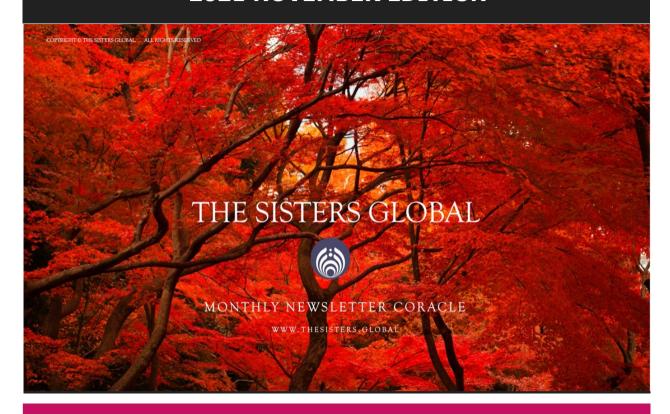
2021 NOVEMBER EDITION



WEEKLY CALLS CORACLE



Members featured: (I-r) Sally Kettle, Roz Savage, Casey Sheppard, Catherine Edsell, Kristi Faulkner, Aileen Cahill, Martha Kaufeldt and Jill Kuzo.

IN NOVEMBER, our Weekly Calls will focus on helping women with women's health and wellness issues. We will share resources and encouragement about this topic on our website and social media platforms. Look for a line up via email and Discord for upcoming topics. *Continue the conversation in Discord*.

CELEBRATING EMPOWERED WOMEN

GLOBAL SISTER SPOTLIGHT



Empowered Women championing the rights of women

The Fighter: Gülsüm Kav Doctor and Co-Founder of We Will Stop Femicide Platform

February 12, 2021, CEO Magazine, "16 most influential women in leadership for 2021"

Gülsüm Kav (born 1971) is a Turkish feminist activist, writer and doctor. She is one of the founders of the organisation We Will Stop Femicide Platform, who raise awareness of gender-based violence in Turkey and campaign on behalf of the families of victims of femicide.

Femicide is defined as 'the intentional killing of a woman or girl, in particular by a man, on account of her gender'. Working as a family doctor in Istanbul, Gülsüm Kav saw first-hand how Turkish women hid the violence they experienced at the hands of men for fear of retribution or death, and she knew she had to work to prevent violence, not just treat it after the fact.

In 2010, Kav, along with other activists, created the "We Will Stop Femicide Platform" (KCDP) to monitor trials (laws against femicide are often not implemented in Turkey and men are given reduced sentences), create resources for survivors of violence, and maintain a database of women who have been murdered.

Demand for support has grown significantly throughout the pandemic, but Kav fights on, even as the Turkish government discusses removing protections for victims and their families. While women keep being murdered, she has no other choice.

Most notable achievement: Helping to lead the ongoing protest movement in 2020 that, so far, has stopped the conservative Turkish government from withdrawing from the Istanbul Convention, a European treaty that aims to prevent violence against women.

MONTHLY MEMBER SPOTLIGHT

Each month we spotlight a different Sister with an interview by Co-Editors, Carol Yvette Thorney and Lee Stanfield.

Due to the timeline for publishing this month's newsletter, we have not featured a new member this time. We will resume the Monthly Member Spotlight for the December edition.

WOMEN'S HEALTH CORNER Cancer Awareness Month



Each month we focus on issues that women may identify or struggle with. We hope to provide practical ways to help our fellow Sisters build on the firm foundation of advocacy and mentorship related to those issues.

What can women do?

- Consult with your medical provider to understand the <u>risk for new HPV</u> <u>infections and benefits of receiving</u> the HPV vaccine.
- Ask your medical provider to <u>screen</u> for cervical cancer during gynecological visits.
- Receive <u>both the PAP and HPV</u> <u>screening tests</u> to detect cervical cancer early. <u>Read more</u>

Continue the conversation under Women's Health in <u>Discord</u>.

PREVENT CERVICAL CANCER

Cervical cancer is the fourth most common cancer in women worldwide. It is the leading cause of cancer-related deaths among women. Learn about the appropriate screening tests and the HPV vaccine to help prevent cervical cancer.

SOURCE:www.CDC.gov - Centers for Disease Prevention and Control

Working Together to Reduce Cervical Cancer

We all play a role in preventing cervical cancer. Learn how you can support women in your life reduce their risk for cervical cancer.



THE SISTERS BOOK CLUB



November's Selection

An unforgettable historical fiction novel by Kristina McMorris, inspired by a stunning piece of history from Depression-Era America.

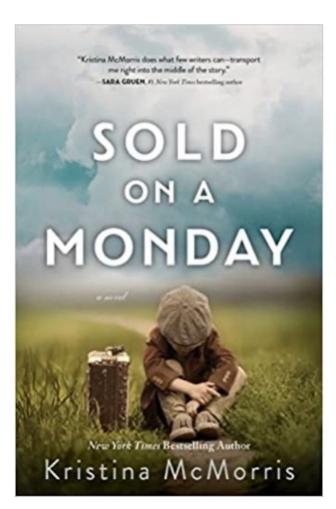
2 CHILDREN FOR SALE

The sign is a last resort. It sits on a farmhouse porch in 1931, but could be found anywhere in an era of breadlines, bank runs and broken dreams. It could have been written by any mother facing impossible choices.

For struggling reporter Ellis Reed, the gutwrenching scene evokes memories of his family's dark past. He snaps a photograph of the children, not meant for publication. But when it leads to his big break, the consequences are more devastating than he ever imagined.



Kristina McMorris, Author, Spartanburg Day School



Kristina McMorris's poignant historical novel will capture fans of *Before We Were Yours* by Lisa Wingate and *The Lilac Girls* by Martha Hall Kelly and inspire any book club.

Inspired by an actual newspaper photograph that stunned the nation, Sold on a Monday is a powerful novel of love, redemption, and the unexpected paths that bring us home.

Continue the conversation under <u>Book Club in</u> <u>Discord</u>









THE SISTERS CORACLES





A time to connect within magic to revivify our Sisterhood

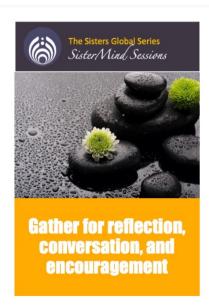
SAVE THE DATE!! Wednesday, **November 10, 2021**, from 4:00PM to 9PM UK, 8AM to 1PM PST and Noon to 5PM EST, we will be live-streaming a virtual event for women. *Continue the conversation in Discord*.

THE SISTERS CORACLES

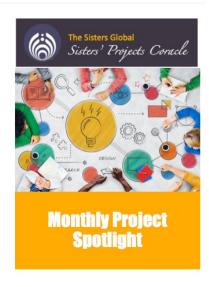


For updates on Membership Coracle click on this <u>Discord</u> link.

Membership Channel



For updates on SistersMind Coracle, which focuses on mental health topics click on this <u>Discord</u> link.



For updates on Sisters' Projects Coracle click on this Discord link.

SOCIAL MEDIA





Please like, follow, and share posts from our social media platforms. Your engagement helps spread our message of hope and empowerment to other women.

Facebook:

https://www.facebook.com/TheSistersGlobal/

LinkedIn: (JOIN & LIKE US)

The Sister's Global

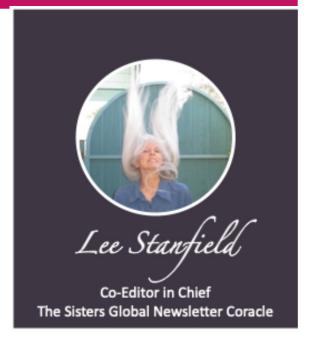
https://www.linkedin.com/company/the-sisters-global/

SEEDS Currency:

https://discord.gg/HxPvYuKahtt

LETTER FROM THE EDITORS





THANK YOU for reading the Sisters Newsletter, where we present ideas that our Sisters hold near and dear in heart and mind. Let's remember to reach out and celebrate family and friends for the holiday season.

We're so thankful for all the support and positive feedback we've received from our Sisters!

Be sure to keep in touch with us on all **the activities of the Global Sister Coracles** on Discord, and Wild Apricot, and social media channels, and **SPREAD THE LOVE!**

UPCOMING TOPICS

We want your ideas for topics for the Monday Calls. Here are the ones we have so far:

- Try Something New: Best things to do on a rainy day.
- Understanding Anxiety: Now more than ever we are worrying ourselves sick.
- Nutrition: Maintain a balanced diet for overall health.
- Uncluttered Life & Home: Top 10 ideas for removing clutter from your life and home.
- Relax:15 Ways to Relax At Home.
- Stress: 5 Ways to Relieve Stress.
- Security:10 Ways to safeguard your safety on the road.

EVENTS AROUND THE WORLD



Learn more about **Diwali** - **Hindu Festival of Lights**

Continue the conversation on Discord.